

Parent Education Center

Upcoming Classes:



SHARE OUR STRENGTH'S
COOKING MATTERS
NO KID HUNGRY

is a free 6-week course for low-income adults that will teach healthy grocery shopping, cooking and eating on a budget. Next class begins February 21st and ends April 4, 2018. Class is held at the Center of Craig from 5:30 to 7:30 p.m.



Positive Solutions for Families

is a free 6-week class that promotes social/emotional development and helps to reduce challenging behavior. Next class begins March 26th and ends April 30, 2018. Class is held at the Center of Craig from 5:30 to 7:30 p.m.

Register for either class by phone: 970-824-1081

or email: parented@connections4kids.org

Childcare is available for both classes at no cost to you.

What's Happening:



Cherish the Little Things Annual Art Show

Join us as we celebrate and show off the many talents of the youth in our community.

*2/8/18 from 3:00 to 5:00
2/9/18 from 2:00 to 5:00
2/10/18 from 10:00 to 8:00*

This is a free event, however we do ask that you bring dollars to vote for your favorite piece of art in our top 20 art entries.

Respect your partner

When children see their parents respecting each other, they are more likely to feel that they are also respected.

Earn the right to be heard

Begin talking with your kids when they are very young. Talk to them about all kinds of things. Listen to their ideas and problems.

Discipline with Love

All children need guidance and discipline, not as punishment but to set reasonable limits and help them learn from natural or logical consequences. Parents who discipline in a calm, fair and nonviolent manner show their love.

Be a Teacher

A parent who teaches children about right and wrong and encourages them to do their best will see children make good choices. Involved parents use every day examples to teach the basic lessons of life.

Read to your children

Begin reading to your children when they are young!!! Instilling a love for reading is one of the best ways to ensure they will have a lifetime of personal and career growth.

Newsletter

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Ongoing:

☺ Ready for Kindergarten workshops - 970-824-1081

☺ Autism, Post-Partum Depression and Breast-feeding support groups. Please call: 970-824-1081 to schedule an appointment.

Parent Corner

