



# Parent Education Center

## READY! for Kindergarten

**Did you know that kindergarten readiness BEGINS AT BIRTH**

*Ready! is broken down into ages: Birth to 1, 1 to 2, etc., until 5 years old. Then, broken down into 3 domains:*

Language/Literacy,  
Social/Emotional, and  
Math Reasoning.

*Each 1 & 1/2 hour workshop PROVIDES YOU WITH **FREE AGE AND DEVELOPMENTALLY APPROPRIATE MATERIALS AND THE WORKSHOPS** PROVIDE INSTRUCTIONS ON HOW TO "PLAY WITH A PURPOSE"*

**Positive Solutions for Families**

A free 6-week class that promotes social/emotional development and helps to reduce challenging behavior. [Watch for upcoming times and dates.](#)

## The Incredible Years

is a series of interlocking, evidence-based programs for parents, children, and teachers, supported by over 30 years of research. The goal is to promote children's social, emotional, and academic competence. **Keep an eye out for upcoming new classes!**



**Register by phone:**

[970-824-1081](tel:970-824-1081)

[or email:parented@connections4kids.org](mailto:parented@connections4kids.org)

**Childcare is available for each 6-week class at no cost.**

## What's Happening



**Coming in 2021:**

**Head Start & Early Head Start**

Head Start promotes school readiness through the provision of education, health, nutrition and other social services to eligible children and families.

## TO APPLY, VISIT:

[www.cdlf.org](http://www.cdlf.org) or  
call 385.214.6848

Many preschool classrooms include learning centers (for example, a writing center, a science center, a water table) where children use hands-on materials to explore, play, and learn about specific topics. Bring the spirit of learning centers into your home with **prop boxes**—plastic bins or cardboard shoe boxes you fill with materials and props related to one topic, such as math or writing. Label the prop boxes with words *and* a picture or photo of what's inside, so children can easily identify the one they want to use.

Here are 10 ideas:

1. Blocks
2. Pretend play
3. Art
4. Math
5. Reading
6. Writing center
7. Water play
8. Cooking
9. Music
10. Science

Store the boxes in a closet or even under a bed - wherever it makes sense in your home, as long as you and your child can reach them readily. If your child has never experienced an activity such as water play, introduce him to the activity and model the use of materials in the box by playing along for a while. **One final thought: you can ask your child's teacher or caregiver about prop boxes. She may suggest supporting your child's learning at home by repeating the kinds of activities your child enjoys at the program.**



## Newsletter

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### What's Next:

**CHERISH THE LITTLE THINGS ART SHOW**

February 11th through 13th, 2021

More details in the February 2021 Newsletter

## Parent Corner