

# Parent Education Center

## READY! for Kindergarten

**Did you know that  
kindergarten readiness  
BEGINS AT BIRTH**

*Ready! is broken down into  
ages:*

*Birth to 1, 1 to 2, 2 to 3,  
3 to 4, & 4 to 5 years old.*

*Then broken down into three  
domains:*

*Language/Literacy,*  
*Social/Emotional, and*  
*Math Reasoning.*

*Each 1 & 1/2 hour workshop  
PROVIDES YOU WITH **FREE**  
AGE AND DEVELOPMENTALLY  
APPROPRIATE MATERIALS  
(ALL 3 WORKSHOPS  
COMBINED PROVIDE YOU  
WITH OVER  
\$200.00 WORTH OF  
MATERIALS) AND THE WORK-  
SHOPS PROVIDE  
INSTRUCTIONS ON HOW TO  
"PLAY WITH A PURPOSE"*

## Positive Solutions for Families



is a free 6-week class that promotes social/emotional development and helps to reduce challenging behavior. Summer class begins July 9th through August 13th at 5:30 to 7:30 p.m. at the Center of Craig.

**Register by phone:**

**970-824-1081**

**or email:**

**[parented@connections4kids.org](mailto:parented@connections4kids.org)**

**Childcare is available for 6 week class at no cost.**

## The 5 Critical Needs of Children

Research shows us that a solid foundation in social/emotional development and skills is **CRITICAL** to a child's personal and academic success.

Every person, whether an adult or a child, needs to **FEEL RESPECTED** - are you treating your child in a positive, respectful way?

Children need and appreciate being made to **FEEL IMPORTANT** - children need to have a sense of value, control and usefulness.

All kids desire and need to **BE ACCEPTED** for who they are - children have a right to their own feelings, desires and ideas. This doesn't mean that you have to agree or disagree - it simply means that you acknowledge them.

Everyone likes to be included but children especially need to **FEEL INCLUDED** - children need to be brought in and made to feel a part of things.

**MOST IMPORTANTLY, CHILDREN MUST FEEL SECURE** - children need to be in an environment and have relationships that are consistent and caring. Keep this in mind with your daily interactions with your kids.

While you are enjoying your grilling, family time, and fireworks, take time to remind your kids what this holiday is about. The lighting and display of fireworks came with a price to many men and women sacrificing for their kids and future generations. Use the fireworks display as a teaching tool; share with them the lyrics of the star spangled banner and, most of all, remain safe if your family tradition includes lighting fireworks. Below are 10 fireworks safety tips you should use and teach to your kids.

1. Fireworks packaged in brown paper are made for professional displays – avoid buying.
2. Always have an adult supervise fireworks activities, **especially with sparklers.**
3. Back up a safe distance immediately after lighting fireworks.
4. Never point or throw fireworks at another person.
5. Keep a bucket of water or a garden hose handy in case of fire and to douse used fireworks before discarding in trash.
6. **NEVER** allow young children to play with or ignite fireworks.
7. Never carry fireworks in a pocket or shoot them off in metal or glass containers.
8. Never try to re-light or pickup fireworks that have not ignited fully.
9. Never place a part of your body directly over a firework device when lighting.
10. Make sure fireworks are legal in your area before buying or using them.

## Newsletter

July 1, 2019

Volume 3, Issue 7

## Ongoing:

Ready for Kindergarten workshops - 970-824-1081

Autism, Post-Partum Depression and Breast-feeding support groups. Please call: 970-824-1081 to schedule an appointment.

**ALL workshops/classes are available for ALL community members NO ELIGIBILITY REQUIREMENTS**

## Parent Corner

