

Parent Education Center

Upcoming Classes:



SHARE OUR STRENGTH'S
COOKING MATTERS
NO KID HUNGRY

is a free 6-week course for low-income adults that will teach healthy grocery shopping, cooking and eating on a budget. The next class will be offered in the summer months. Watch for specific times and dates.



Positive Solutions for Families

is a free 6-week class that promotes social/emotional development and helps to reduce challenging behavior. . [Next class begins March 26th and ends April 30, 2018. Class is held at the Center of Craig from 5:30 to 7:30 p.m.](#)

[Register for either class by phone: 970-824-1081](#)

[or email: parented@connections4kids.org](mailto:parented@connections4kids.org)

[Childcare is available for both classes at no cost to](#)

What's Happening:

March 15 & 16, 2018

8:00 to 3:00

By APPOINTMENT ONLY

775 Yampa Avenue

The 2018 Children's Health Fair is sponsored by MCSD Child Find in collaboration with Memorial Regional Hospital, Northwest Colorado Health, Horizons, Connections 4 Kids, and Craig Lions Club.

FREE developmental screenings for birth to 5 years old (not yet in Kindergarten)

Contact Terri at 970-824-7457 to set up an appointment.

- Make reading part of every day, even for just a few minutes.
- Have fun.
- Talk about the pictures. You do not have to read the book to tell a story.
- Let your child turn the pages.
- Show your child the cover page. Explain what the story is about.
- Run your finger along the words as you read them.
- Silly sounds, especially animal sounds, are fun to make.
- Choose books about events in your child's life such as starting preschool, going to the dentist, getting a new pet, or moving to a new home.
- Make the story come alive. Create voices for the story characters.
- Ask questions about the story. What do you think will happen next? What is this?
- Let your child ask questions about the story. Talk about familiar activities and objects.
- Let your child retell the story.
- Visit your local library often

Newsletter

March 1, 2018

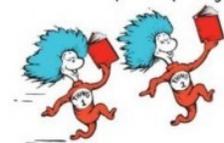
Volume 2, Issue 3

Ongoing:

- ☺ Ready for Kindergarten workshops - 970-824-1081
- ☺ Autism, Post-Partum Depression and Breast-feeding support groups. Please call: 970-824-1081 to schedule an appointment.

Parent Corner

The MORE that you read,
the MORE things you will know.
The MORE that you learn,
the MORE places you'll go.



Happy Birthday Dr. Seuss
~ March 2nd ~