

# Parent Education Center



#### Did you know that kindergarten readiness BEGINS AT BIRTH

Ready! is broken down into ages: Birth to 1, 1 to 2, etc., until 5 years old. Then, broken down into 3 domains:

Language/Literacy, Social/Emotional, and Math Reasoning.

Each 1 & 1/2 hour workshop PROVIDES YOU WITH FREE AGE AND DEVELOPMENTALLY APPROPRIATE MATERIALS AND THE WORKSHOPS **PROVIDE INSTRUCTIONS ON HOW TO** "PLAY WITH A PURPOSE"



Positive Solutions for **Families** 

A free 6-week class that promotes social/emotional development and helps to reduce challenging behavior. Watch for upcoming times and dates.

#### The Incredible Years

is a 14 week series of interlocking, evidencebased classes for parents, children, and Incredible teachers, supported by over 30 years of research. The goal is to promote children's social, emotional, and academic competence. Keep an eye out for upcoming classes!

Register by phone:

970-824-1081

email:parented@connections4kids.org

Childcare is available for each class at no cost.

## What's Happening

### Positive Solutions for Families -In Person Class

6 session series that will provide information to families on how to promote social emotional development; understand problem behavior; and how to address challenging behavior in children.

Beginning March 23rd from 6:00 to 7:30 p.m. at the Center of Craig.

Free class, free dinner and free childcare during class - ALL are welcome!!!

We will meet once a week for 6 weeks until April 27th.

Please register today at 970.824.1081 or email Trish Snyder at parented@connections4kids.org

Deadline to register is March 19, 2021



March 1, 2021

Volume 5, Issue 3

#### What's Next:

CHERISH THE LITTLE THINGS ART SHOW

**NEW DATES -**

SAME PLACE

April 22-24 2021



#### CELEBRATE Dr. Seuss' Birthday Month with some fun activities:

#### Green Eggs and Ham

You can write rhyming words from the story on plastic Éaster eggs. Split them apart and scatter them in a basket. Then have your child match the top and bottom of each egg together.

#### My Many Colored Days

Perfect for beginning writers. Each student cuts out and decorates a person in the color of their choosing. Then, they attach (with the help of an adult) a short sentence about what their color choice means to them and how it makes them feel.

#### One foot, Two Foot, Red Foot, Blue Foot

Help child trace their feet onto construction paper and then cut out their footprints. Have your child measure their footprint templates with Unifix Cubes, paper clips, or any other small objects. Compare lengths, talk about big/small, long/short, etc. Using their footprint templates, have them measure things around the room, such as bookcases, doors, windows, desks, etc.



